

BARRINGTON SCHOOL COMMITTEE MEETING
Barrington Public School Administration Building
School Committee Room
283 County Road, Barrington, RI

Health and Wellness Subcommittee

MINUTES

December 5, 2018

8:30 a.m.

- A. The meeting was called to order at 8:32 by Dr. Megan Douglas.
- B. **Pledge of Allegiance** - led by Dr. Megan Douglas
- C. **New Business**
 - 1. Review of Advisory Committee Policy, Open Meeting Act and related law as applies to the Health and Wellness Committee and Review defined membership
 - a. Dr. Douglas recommended, Mike Messore seconded, and the committee agreed to move new business first.
 - b. Dr. Douglas reviewed the purpose of the advisory committee, the reorganization of the committee, and its purpose and process in accordance with the [advisory committee policy](#). She explained that the committee is required to operate under the Open Meetings Act. With a quorum of 8, sub-workgroups must have fewer than 8 members.
 - 2. Review of meeting norms
 - a. Respect time
 - b. Respect each other
 - c. Respect the process
 - 3. Review of charge of Health and Wellness Committee
 - a. The mandated charge is to uphold the health and wellness policy that we put together.
 - b. The topics are those areas that support health and wellness for students and staff.
 - c. We now have a social-emotional task force that will be taking on the bulk of the work of SEL. The next meeting of the School Committee will focus on SEL.
 - 4. Review of [decision-making policy and protocol](#)
 - a. The question, timeline, and decision makers need to be clearly defined and the process needs to be representative.
- D. **Old Business**
 - 1. Review and approval of minutes from 11/7/18 meetings
 - a. Nayatt Liasion, Melissa Coen, moved that we approve the minutes as amended, Denise Alves seconded, and the committee voted to approve.

2. Review and discussion of Principals' lunchroom evaluations and information provided by Chartwells. Discussion and vote regarding the formation of a working group to evaluate lunch options.
 - a. Discussion of the full committee included a brief review of the scorecards, concerns about the nutritional standards as defined by the USDA and Rhode Island mandates, and concerns about the lunch process and experience.
 - b. Dr. Douglas made a motion to form two work groups. Michael Elliot seconded.
 - i. The first work group will be a lunchroom experience workgroup. It will include a student, parent, teacher, and Chartwells representative and be representative of all schools. The group will work with the administrators at each school, and consider survey options in addition to direct observation of lunch at each school. They will examine lunch room processes and experiences to develop a list of recommendations regarding ways to improve scores on the lunchroom evaluations. They will report back at the February 2019 Health and Wellness meeting. The motion passed with all committee members voting in the affirmative.
 - ii. The second work group will examine the nutritional requirements of the lunch program, looking for opportunities to make them more consistent with nutritional guidelines. It will be comprised of the same number of people with the same representation. They will report back at the February 2019 Health and Wellness meeting. The motion passed with all committee members voting in the affirmative.
3. Update from the administration on Medically Recommended School Start Time Initiative
 - a. Mr. Messoro provided a brief update regarding transportation and solutions to many of the initial challenges. He will provide a chart with an update on where we are in the process
 - b. Based on the decision making process, the initiative is now at the School Committee/Central Administration level.
 - c. Mr. Messoro indicates that the administration recognizes the science, is in support, and now know that a two-tier transportation system is possible.
5. Discussion items for future agendas
 - a. In January, we will discuss meeting norms, meeting schedules for the year, and a brief update on the physical education curriculum.

E. **Public Comment** was allowed throughout the meeting

The meeting was adjourned at 9:30 AM.