



Barrington School Lunch is Nutritious and a Real Deal!

**School lunch is *not* what it used to be!
Delicious homemade recipes, fresh fruits,
vegetables and whole grains make up the
menu in your child's café.**

School Lunch	Lunch Packed from Home
Choice of Hot Entrée or Fun Lunch or Fresh Made Sandwich	Turkey & Cheese Sandwich
Choice of Unlimited Fresh Fruits & Veggies	Lettuce & Tomato Mustard or Mayo
8 oz Low fat Milk	1 Piece of Fresh Fruit
	8oz Milk
\$2.50	\$3.35

Benefits of school lunch:

- Delicious and nutrient-rich foods are offered!
- Students can practice making healthy selections!
- Save time with not needing to prepare lunches every morning!
- Save money!

**Melissa Read - Foodservice Director
Nancy Roberts - Resident Nutritionist
Jeff Simbro - Executive Chef**

Did you know that your student can get these meals in their Elementary School Café for just \$2.50?



Italian Grinder on Whole Wheat Sub Roll, Served with a Garden Salad, Cut Oranges and Lowfat Milk



Veggie Fun Lunch with Ranch Dressing, String Cheese, Pasta and Bean Salad, Fresh Fruit and Lowfat Milk



Chicken Stir Fry with Steamed Vegetables and Brown Rice, served with Tomato and Mozzarella Salad, Fresh Fruit and Lowfat Milk